



## GOOD TO KNOW – JULY 2021

**90th INTERNATIONAL F.I.C.C. RALLY**  
**from 03 to 12 SEPTEMBER 2021**  
**in A GUARDA-Galicia/SPAIN**



The organisers (Federacion Espanola de Clubes Campistas (FECC)) inform us that the booking forms for participation in the above rally are still being accepted and that the preparations for participation of this special event in the beautiful region of Galicia in the north-west of Spain, with many interesting destinations and a very special gastronomy, are progressing well. The inhabitants of A Guarda are looking forward to welcoming the campers from all over the world. In order to facilitate the organisation of the event, we kindly ask you to submit the registration forms as soon as possible.

Deadline for registration is **19 July 2021**

**Welcome to A Guarda – Welcome to Galicia**

Further information and booking form <http://www.rallyficc2021.com>



**SAVE THE DATE**



**The second F.I.C.C. World Congress on Camping, Caravanning and Motorcaravanning will be held on 28 and 29 OCTOBER 2021 in VERRIERES-LE-BUISSON/Paris – France**

You can find the link to the Congress website under [www.ficc.org](http://www.ficc.org) and [congress.ficc.org](http://congress.ficc.org) gives you all the information you need about the programme, booking arrangements, hotel details etc.

The website is updated regularly.



**NORDIC CAMPING RALLY 19 to 23 July 2021  
in Rauhalhti (Kupio) FINLAND  
under F.I.C.C. patronage**

**19.-23.7.2021 KUOPIO, FINLAND**



**RAUHALAHTI**

**NORDIC RALLY 2021**

Further information on

<https://nordicrally.fi/en/the-nordic-rally/>

**F.I.C.C. ASIAN PACIFIC RALLY from 8 to 12 OCTOBER 2021 in  
Robot Land Park, Changwon City/South Korea**

Asia-Pacific rallies are organised by the F.I.C.C. Asia-Pacific Commission, comprising members from China, Japan, South Korea and Taiwan.

The organisers of these events are always happy to welcome campers from F.I.C.C.'s member clubs in Europe.

**91st INTERNATIONAL F.I.C.C. RALLY from 29 July to 07 August 2022 in  
MOSCOW/RUSSIA**



**THE 91ST F.I.C.C. RALLY IN RUSSIA  
MOSCOW 29 JUL. – 7 AUG. 2022**



**92nd INTERNATIONAL F.I.C.C. RALLY 2022 from  
28 September to 7 October in CHINA**



**93rd INTERNATIONAL F.I.C.C. RALLY 2023 from 24 JUNE to 3 JULY  
in KOZIENICE/POLAND**



Official website: [www.pfcc.eu](http://www.pfcc.eu)

English: <http://www.pfcc.eu/ang/files/gbfic23.pdf>

Deutsch: <http://www.pfcc.eu/niem/files/gbfic23.pdf>

Français: <http://www.pfcc.eu/franc/files/gbfic23.pdf>

Polish: <http://www.pfcc.eu/pol/files/rally93.pdf>

The official Rally website will be launched at the end of the year.



## Camping/Caravanning/Motorcaravanning

### Is caravanning environmentally friendly?

It goes without saying that a car uses more fuel if it is towing a caravan and a motorcaravan is big, heavy and has a huge, bulky front. Motorcaravans consume at least 10 litres of diesel per 100 km. Campers however reckon that they are environmentally compatible when on the move, a claim backed up by two extensive studies carried out in 2007 and 2013.

But what is the ecological verdict when the big picture is viewed from production through to disposal? One study by the famous Institut für Energie- und Umweltforschung (Research Institute for Energy and the Environment) in Heidelberg (D) has shed some light on the issue.

Researchers made a number of comparisons: holidaying in a motorcaravan on a fixed site or campsite, holidaying in a caravan on a campsite, travel to a holiday destination by air, rail or private car plus hotel accommodation on arrival and, finally, cruises on passenger ships. In addition to polluting emissions, they took into consideration the increased demand for electricity, the generation of which also contributes variable amounts of pollution depending on the method of production in individual tourist countries.

The researchers selected three holiday destinations as a basis for comparison: the Baltic island of Rügen, the French Mediterranean city of Marseilles and touring around Scandinavia.

The impact of electricity generation is not the same everywhere. In Switzerland, thanks to the high proportion of hydro-electric power, CO<sub>2</sub> emissions are only 154 gr per kilowatt hour (kWh) compared with the European average of 630 gr/kWh. Germany stands at 571 gr/kWh, France at just 56gr/kWh thanks to its high reliance on nuclear energy, and Scandinavia also beats Switzerland with 102 gr/kWh thanks to its reliance on sustainable electricity production.

In order to obtain exact results, the studies divided recreational vehicles into different categories.

The first was a caravan of up to 1.8 tonnes maximum authorized mass being towed by an average 150 HP diesel-powered passenger car, then came a panel van up to 3.5 tonnes, a semi-integrated van of similar mass and a fully integrated motorcaravan of 4.5 tonnes maximum authorized mass.

Heat and electric power used during the manufacturing process – 739.5 and 491 kWh respectively – were also taken into consideration. As many manufacturers use wood chips to generate heat, this heading only played a relatively small part in the calculation. It is also interesting to note the costs associated with manufacturing and the eventual destruction of vehicles. A middle-sized diesel-fuelled family car accounts for 10.0 tonnes of CO<sub>2</sub> equivalent. In motorcaravans, these emissions are between 15.2 and 18.6 tonnes, panel vans clocking up the lowest and integrated vans the highest results. Caravans register the lowest costs of all based on 5.6 tonnes but of course require a towing vehicle when on the move.

Fuel consumption by panel vans travelling at 120 km/h on a motorway is around 11.2 litres/100 km, 12.3 litres in built-up areas and 9.3 litres out of town. The results for semi-integrated vans are 12, 13.5 and 10.2 litres respectively. Fully integrated vans register just 9.7 litres/100 km on motorways because of the 100km/h speed limit (in Switzerland), 14.4 litres in built-up areas and 10.1 litres out of town.

A car-caravan outfit travelling at maximum speed of 100 km/h uses up 11.2, 14 and 10.9 litres.

Other parameters for evaluating the environmental impact of leisure vehicles are air-conditioning at night and electricity consumption. These will vary depending on the holiday destination.

Results show emissions from a two-berth motorcaravan to be between 181 and 198 grs CO<sub>2</sub> per passenger kilometre which is well below that of your average flight within Europe (213 grs CO<sub>2</sub>).

The difference is much more marked when a family of four is travelling together.



If two holidaymakers are driving their car to a holiday destination, they generate 125 grs CO<sub>2</sub> per passenger kilometer, in a coach or train the figure drops to 31 grs CO<sub>2</sub> on average which is clearly more environmentally friendly.

Given the relatively poor energy balance of a hotel holiday, it is clear that the scales tip in favour of caravans and motorcaravans, with panel vans coming out on top. It is only campers who travel to their campsite by rail who come out better than 251 kgs.

**CONCLUSION:** The shorter the journey and the longer the stay, the more environmentally friendly and sustainable caravanning becomes.

Two campers in their motorcaravan account for 1,300 kg CO<sub>2</sub> on a 3,350 km long tour of Scandinavia. If the two of them did a nearly identical trip on one of the top cruise ships, their carbon footprint would amount to 2,769 kgs.

The study shows that caravanning is by far more environmentally friendly than people give it credit for!

Source: "Auto" ACS/CH (Extracts)

## **Practical tips – for campers too**

You often find **wax drippings or spots on lanterns** and candle remains are quite difficult to get rid of. So use a hairdryer to melt the wax and you will find that you can remove it quite easily.

### **How to treat insect stings**

If the sting is still visible, remove it.

Cool the skin around to ease the pain. Ideally use a cool-pack or ice cubes but wrap them in a cloth first, then place on the site of the sting and leave for approx. 10 minutes.

Bee or wasp stings can trigger an allergic reaction in some people resulting in swellings, shortness of breath, nausea or heart palpitations and you should call the emergency services immediately. People who are aware that they can suffer this type of allergic reaction should carry an allergy emergency kit at all times.

Always see a doctor if a person is stung in the mouth or throat as he/she could have difficulty in breathing. Medical attention should also be sought if a sting site becomes inflamed or infected.

## MoCa Commission Guide

### Traveling in Europe

Before starting a journey, it is helpful to collect useful information so that the journey is as stress-free and carefree as possible. The F.I.C.C. - MoCa Commission accompanies you all over Europe. However, it is essential to know the applicable traffic regulations in the individual countries in order to be able to follow them. In our table you will find the most important information, summarized by country. The F.I.C.C. - MoCa Commission wishes you happy and relaxing holidays in advance and a safe journey! This information is subject to regular changes.

Countries	Speed limit in km / h, mobile homes up to 3.5t total weight.			Blood/ alcohol level in g/l		Dipped headlights during the day	Rescue equipment				Motorway fees		
	Non-built-up areas	Built-up areas	Motorways	Novice drivers	Standard		Fluorescent vest	Warning triangle	First -aid box	Fire extinguisher	Motorway vignette 	Motorway tolls 	No
Belgium	20/30/ 50	70/90	120	0.5	0.5	no	yes	yes	yes	yes			X
Bulgaria	50	90	130/140	0.0	0.0	yes	yes	yes	yes	yes	X		
Denmark	50	80	80/130	0.5	0.5	yes	no	yes	no	no			X
Germany	50	100	recommended: 130	0.0	0.5	no	yes	yes	yes	no			X
Estonia	50	90	110	0.2	0.2	yes	yes	yes	no	yes			X
Finland	50	80	100/120	0.2	0.5	yes	no	yes	no	no			X
France	50	80/90	110/130	0.2	0.5	no	yes	yes	no	no		X	
Great Britain	48	96	112	0.8	0.8	no	no	yes	yes	no			X
Greece	50	90	120	0.2	0.5	no	no	yes	yes	yes		X	
Ireland	50	80	100/120	0.2	0.8	no	no	yes	yes	no		X	
Italy	50	90	110/130	0.0	0.5	yes	yes	yes	yes	no		X	
Croatia	50	90	110/130	0.0	0.5	yes	yes	yes	yes	no		X	
Latvia	50	90	100/110	0.2	0.5	yes	no	yes	yes	yes			X
Lithuania	50	90	110/130	0.0	0.4	yes	no	yes	yes	yes			X
Luxembourg	50	90	110/130	0.2	0.5	no	yes	yes	yes	no			X
Malta	50	80	100/120	0.8	0.8	no	no	no	no	no			X
Netherlands	50	80	100/120/130	0.2	0.5	no	no	yes	yes	no			X
Norway	50	80	90/100	0.2	0.2	yes	yes	yes	yes	no		X	
Austria	50	100	100/130	0.1	0.5	no	yes	yes	yes	no	X		
Poland	50	90	100/140	0.2	0.2	yes	no	yes	yes	yes		X	
Portugal	50	90	100/120	0.2	0.5	no	yes	yes	yes	no		X	
Romania	50	90	100/130	0.0	0.0	yes	yes	yes	yes	yes	X		
Sweden	50	70	90/120	0.2	0.2	yes	no	yes	yes	no			X
Switzerland	30/50	80	100/120	0.1	0.5	yes	yes	yes	no	no	X		
Slovakia	50	90	90/130	0.0	0.0	yes	yes	yes	no	no	X		
Slovenia	10/30/ 50	90	110/130	0.0	0.5	yes	yes	yes	yes	no	X		
Spain	50	90	100/120	0.3	0.5	no	yes	yes	yes	no		X	
Czech Rep.	50	90	110/130	0.0	0.0	yes	yes	yes	yes	no	X		
Turkey	50	90	100/120	0.0	0.5	yes	yes	yes <sup>2x</sup>	yes	yes	X		
Hungary	50	90	110/130	0.0	0.0	yes	yes	yes	yes	no	X		
Cyprus	30/50	80	110	0.2	0.5	no	yes	yes	yes	no			X



## MISCELLANEOUS

### **Traffic**

**Germany and fines:** Breaches of the highway code could prove very expensive in future!

Obstructing a cycle lane with your car: 110 Euro

Parking on an e-vehicle, a disabled persons' or a car-sharing parking space: 55 Euro

Driving on an emergency lane or failure to form an emergency vehicle access lane: 200 - 300 Euro

Parking that restricts access to a fire station or obstructs emergency service vehicles: 100 Euro

Vehicles unlawfully using pavements, cycle tracks on the left and soft verges: up to 100 Euro

Speeding fines will be doubled.

Source: Freizeit Revue (D)

### **Health**

**Saffron** calms the stomach: bitter substances in saffron calm the stomach and at the same time stimulate the appetite. In addition, the spice helps the digestive system break down protein. Soak a few threads (stigma) for 5 minutes in 2 tbs of warm water and add to a fish dish for example at the end of cooking time.

**Bananas** contain magnesium (approx. 30 mg); 100 grs of dried banana chips contain approx 110mg of magnesium.

### **Curious facts/Environment/Culture**

**Kermit of Muppet Show fame** – is the most famous and certainly the best-loved frog on the planet. His song “The Rainbow Connection” has been added to the national recording registry of the US Library of Congress.

**Why do we measure in metres** (in Europe and many other countries in the world).

In days of old, people used a finger or a hand as units of measure. But since we humans come in different shapes and sizes, a uniform or standardized measure was established as the length of the path travelled by light in a vacuum in  $1/299792458$  of a second – and that is a metre.

**Cat litter** should be disposed of in an environmentally friendly way. It should not be added to compost nor put in with organic waste since cat excrement contains pathogens causing toxoplasmosis (infectious disease). Cat litter should be disposed of in the waste bin.

**Fruit discarded in nature** Generally speaking, if you are out walking in the woods and throw away the remains of a piece of fruit in the undergrowth, it will rot away. Not so with tropical fruit. They originate in hot climates and break down with difficulty in our temperate climates, especially banana skins. One study reckons that it can take up to five years for a banana skin to decompose.

**Brazil:** In the Brazilian city of **Encantado** a 43 m high statue of Christ the Protector is being built that even tops Rio de Janeiro's landmark, Christ the Redeemer (38 m high).



**France: The “Little Prince “ (Le Petit Prince) – the marvellous story by Antoine de Saint-Exupéry with sales running at over 200 million copies – is the most read book by a French author.**

The world famous **Bayeux Tapestry** was probably produced around 1070 AD and depicts events leading to the Norman Conquest of England in 1066. It is in poor condition and the first restoration in 150 years is planned for 2024 to remove 24,204 stains and 9,646 holes (who on earth was counting!).

**Germany:** Where is **Europe’s largest cemetery?** In fact it is in Hamburg-Ohlsdorf/Germany. It covers 389 hectares and has 200,000 graves, 12 chapels and 21 mausoleums as well as six sites commemorating victims of the Nazis.

## **INTERESTING SNIPPETS FROM F.I.C.C. AND F.I.C.C. MEMBERS**

**When motorcaravans were weighed at a recent NKC (NL) event, around 40% of participants’ vehicles were found to be overloaded.**

Of the 207 motorcaravans that were weighed, 34.2% were found to be overloaded. But one semi-integrated caravan took the biscuit : 580 kgs over the maximum permissible weight limit!

### **CAMPING WITH F.I.C.C.**

is a YouTube channel, where you can communicate not only with F.I.C.C. members but with all campers across the world and share their camping tips, experiences and memories before setting off on a camping trip, and even while you are away. This enables everyone to get maximum pleasure from this type of outdoor tourism.

Travelling, discovering the wider world, waking up in a different place every morning...

Whether you travel alone or in a group, a trip in your caravan is always an adventure. But so that this adventure does not end in disaster, F.I.C.C. recommends checking out the video “Ten best practices before departure“ that was made by the F.I.C.C. Motorcaravanning Commission.

“Camping with F.I.C.C.“ is accessible via the following link

<https://www.youtube.com/channel/UCIDBeAqa72QIJ96q-CPrp-Q>

### **Coming soon F.I.C.C. e-Book**

The **Camping Card International website** was totally updated in October last year with new functions and user-friendly instructions and descriptions of the advantages available to CCI users.

In order to gain access to the detailed information, the user/camper must register on the website [www.campingcardinternational.com](http://www.campingcardinternational.com) although all of the benefits associated with the CCI are apparent without registration.



Once users/campers have registered and shown that they have a valid CCI, they have access to the CCI e-book listing all of the discounts by country plus specific tourist information that will ensure that they enjoy their camping holiday to the full.

As a registered user, give your email/password and select the country of your choice in order to download the e-book as a pdf file (available in English only for the moment). F.I.C.C. and your CCI team wish you a wonderful, relaxing camping holiday!

## EXHIBITIONS

**Austria:** Caravan Salon Austria from 20 to 24 October 2021, in Wels  
Vienna Holiday Fair from 7 to 9 May 2022, in Vienna

**Belgium:** Salon des vacances from 2 to 6 February 2022, in Brussels

**Czech Republic:** Caravaning from 4 to 11 October 2021, in Brno

**Finland:** Caravan Fair from 21 to 23 January 2022, in Helsinki

**France :** Salon des véhicules de loisirs from 25 September to 3 October 2021, in ParisLe Le Bourget  
SETT from 2 to 4 November 2021, in Montpellier

**Germany:** Caravan Salon from 27 August to 5 September 2021, in Düsseldorf

Caravan Bremen from 6 to 8 November 2021, in Bremen

Touristik & Caravaning from 18 to 22 November 2021, in Leipzig

CMT from 15 to 30 January 2022, in Stuttgart

Reise + Camping from 16 to 20 February 2022, in Essen

Reisen & Camping from 7 to 9 January 2022, in Leipzig

Messe Erfurt from 28 to 31 October 2021, in Erfurt

Freizeit, Touristik & Garten from 28 April to 2 May 2022, in Nürnberg

**Great Britain:** The South West Motorhome & Campervan Show from  
10 to 12 September 2021, in Shepton Mallet

Caravan & Motorhome Show in January 2022, in Manchester

NEC Motorhome & Caravan Show from 22 to 27 February 2022, in Birmingham

**Italy:** Il Salone del Camper from 11 to 19 September 2021, in Parma

Turismo & Outdoor from 3 to 6 February 2022, in Parma

**Netherlands:** Kampeer en Caravan Jaarbeurs from 6 to 10 October 2021, in Utrecht

Caravana from 26 to 30 January 2022, in Leeuwarden

**Northern Ireland:** Caravan & Motorhome Show from 14 to 16 January 2022, in Belfast

**Norway:** Caravanmessen from 16 to 19 September 2021, in Lillestrom

**Portugal:** Nauticampo from 3 to 6 February 2022, in Lisbon

**Spain:** Caravaning y Camper del Levante from 6 to 9 May, in Torre Pacheco, Murcia?????

Salon Internacional del Caravaning from 2 to 10 October 2021, in Barcelona

Madrid Caravaning from 3 to 6 February 2022, in Madrid

FITUR from 19 to 23 January 2022, in Madrid???

**Sweden:** Elmia Camping & Caravaning from 8 to 12 September 2021, in Jönköping

**Switzerland:** Suisse Caravan Salon from 28 October to 1 November 2021, in Bern



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